



We've taken the Choose Kindness Pledge!

We pledge to:

- ♥ Embed a culture of acceptance, tolerance and respect within our club/group
- ♥ Encourage empathy and respect among all our members/volunteers
- ♥ Protect the physical and mental health of all our members/volunteers
- ♥ Challenge instances of unkindness (where appropriate and safe to do so)
- ♥ Embed kindness in our policies and procedures